

# **BikeUtah** **Mid Week MTB Series**

Utah's community mountain bike race series

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## **2024 Mid Week XC Series Race #5 - Tuesday, July 9 Round Valley Trails, Quinn's Junction Trailhead, Park City**

### **WEATHER**

The weather in Utah can be unpredictable, make sure you bring whatever you need for rain or shine!

### **VOLUNTEER**

We cannot run a race without our volunteers. Please encourage family and friends to sign up for a volunteer position [HERE](#).

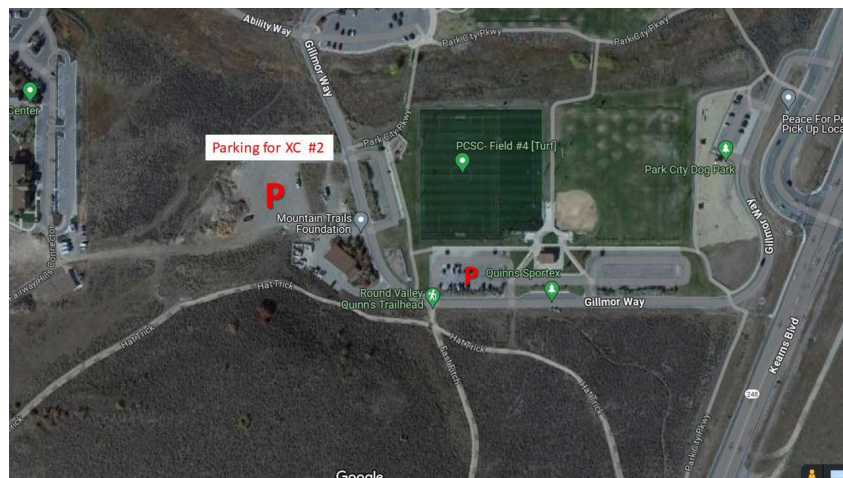
### **REGISTRATION INFO**

[Race day registration](#) is available! Beginning at midnight on race day, the price goes up - sign up now or share the link with someone who would like to join us. It's also not too late to [purchase a season pass](#).

Race plates must be purchased with your first Mid Week race registration or season pass. You will use this race plate for any Mid Week XC or Mini Enduro race during the 2024 season. If at any point during the Mid Week MTB Series you misplace, lose, or otherwise forget to bring your assigned race plate, we'll happily provide you with a replacement plate for a \$15 fee.

### **PARKING**

Parking will be in the [dirt parking lot at Quinn's Junction](#), the same as for XC#2. Parking tends to fill up quickly - please carpool to this event. Overflow parking is down in the Quinn's Junction paved lots. Please do not park at the ice arena.



## **CHECK IN + RACE PLATE PICK UP**

Check-in is available from 4:00-6:00 pm. Bike Utah tents will be set up in the south side of the parking lot. If you raced at a previous Mid Week race this season, you will already have a race plate and do not need to check in at this race. Please proceed directly to the start line before your assigned start time.

## **WARM-UPS + START TIMES**

Warm ups will be allowed on course until 5:15pm. **Please be courteous as you warm up. These are very popular and busy trails and we would like to be good guests!** There are plenty of trails and roads in the area to use for your warm up other than the race course after 5:15!

You must be lined up and ready to race **5 MINUTES** before your posted start time.

5:30pm – Short Course Categories Start

- 5:30pm - Men Beginner (all age categories)
- 5:31pm - Women Beginner (all age categories)
- 5:32pm - Youth Beginner 12-
- 5:33pm - Short Course Open + Adaptive Cycle

6:00pm – Long Course Categories Wave 1 Start

- 6:00pm - Men Pro, Men Expert 19-
- 6:01pm - Men Expert 20–29, Men Expert 30-39
- 6:02pm - Men Expert 40+, Men Masters 50+
- 6:03pm - Single Speed
- 6:04pm - Women Expert/Pro

6:10pm – Long Course Categories Wave 2 Start

- 6:10pm - Men Sport 19-
- 6:11pm - Men Sport 20-29, Men Sport 30-39
- 6:12pm - Men Sport 40-49, Men Sport 50+
- 6:13pm - Women Sport 19-
- 6:14pm - Women Sport 20-29, Women Sport 30-39
- 6:15pm - Women Sport 40+, Women Masters 50+
- 6:16pm - Long Course Open, Adaptive Cycle

6:30pm – Free Kids Race Start

7:45pm – Post-Race Sponsor Swag Giveaway (approximate time)

## **FREE KIDS RACE**

The kids race will consist of a small loop (just under 1 mile) on double track trails. It is suitable for children on strider bikes and those who are riding mountain bikes, but are not quite ready for the Youth/Beginner loop. Prizes are available to all racers when they finish.

Free registration for this race begins at 5:30 pm at the Bike Utah tents. Parents must sign a race waiver, and racers will have the opportunity to decorate their own race plates. Helmets and closed toe shoes are mandatory.

## **POST-RACE**

Stick around for our sponsor-donated swag giveaway post-race. We'll host this drawing at the Bike Utah tents after everyone has crossed the finish line. All racers and volunteers will get a free entry into this giveaway.

## **COURSE MAPS**

### **Youth/Beginner/Short Course**



This is a fun 6 mile course with 507 ft of elevation gain. All Youth/Beginners/Short Course riders will complete 1 lap going counter clockwise. The course begins on a dirt road with plenty of passing opportunities before crossing a short narrow bridge (make sure you're prepared for it) and merging onto the Practice Loop and Big Easy singletrack. You'll have a nice climb up Rambler to Seventy 101 and Porcuclimb. You jump onto Nowhere Elks with a slight climb before it's all downhill with a finish on some nice wide double track.

### **KNOW YOUR COURSE!**

Parents of youth and young beginner racers - please communicate with your racer and inform them which category they are in and which course they are riding. Trail marshals and course markings/signs can only help if a racer knows where they are supposed to go in the first place!

### **YOU WILL ENCOUNTER OTHER RIDERS**

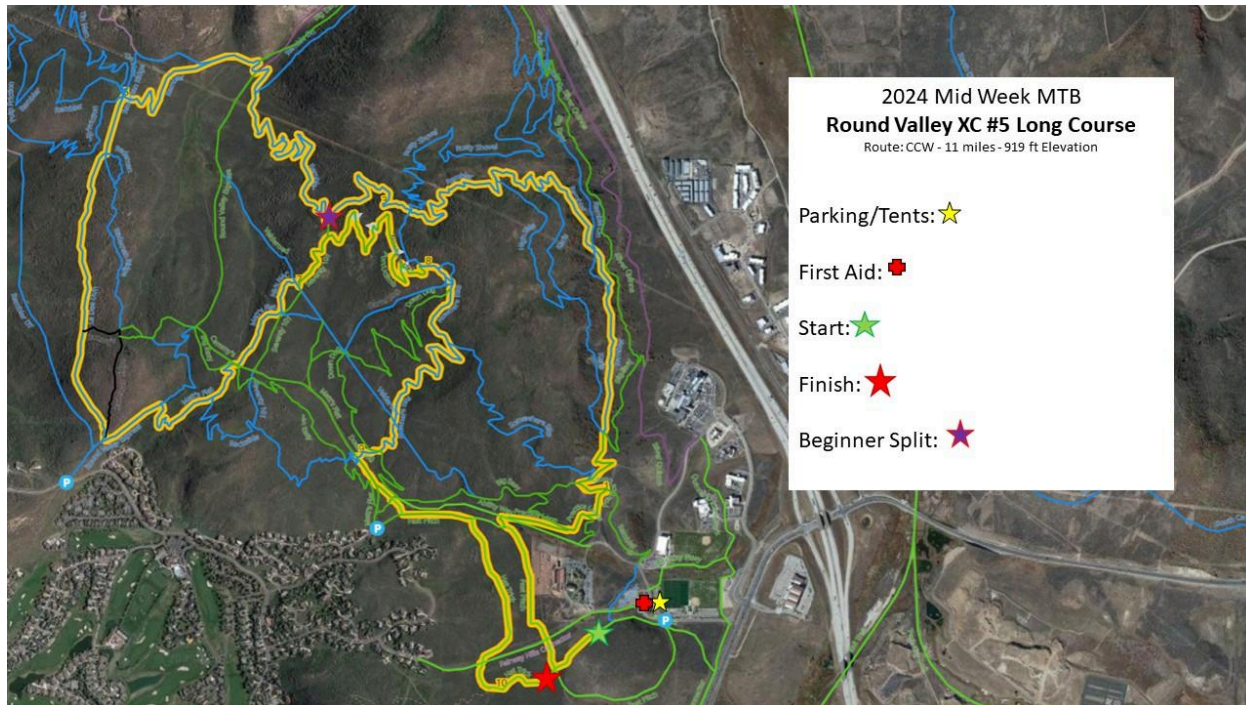
At some point in the race, all racers will be on course. With varying levels of skill and ability, you will pass another racer and you will be passed by another racer. PASS and YIELD when appropriate and with care. BE NICE.

### **BE NICE**

Please know that all trails on our race courses are open to the public at all times. We give notice of our event, but we DO NOT close trails for our races. Keep your eyes up and watch out for hikers, other cyclists, and animals (domesticated or otherwise). Good trail etiquette applies at all times - especially during races! CYCLISTS YIELD TO EVERYONE. Be nice, and say hi to anyone you encounter. THANK A TRAIL MARSHAL as you go by them!

## COURSE MAPS

### [Sport/Expert/Pro/Masters/Single Speed/Long Course](#)



This is a fun 11 mile course with 919 ft of elevation gain and rides counterclockwise. The course begins on a dirt road with some passing opportunities before crossing a short narrow bridge (make sure you're prepared for it) and merging onto the Practice Loop and Big Easy singletrack. You'll have a nice climb up Rambler and then a fun downhill on the other side of Rambler. You'll do a loop all the way out on La Dee Duh to Round Valley Express and Matt's Flatt. La Dee Duh has some tire eating rocky spots, bring a fix kit! After climbing Matt's Flatt you'll finish your climb on Porcuclimb and Nowhere Elks. Once you finish the very short climb portion of Nowhere Elks, it's all downhill with a finish on some nice wide double track.

### KNOW YOUR COURSE!

Parents of young sport racers - please communicate with your racer and inform them which category they are in and which course they are riding. Trail marshals and course markings/signs can only help if a racer knows where they are supposed to go in the first place!

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